

Rhonda Bolich-Lampo

SPEAKER • AUTHOR • WORKSHOP FACILITATOR

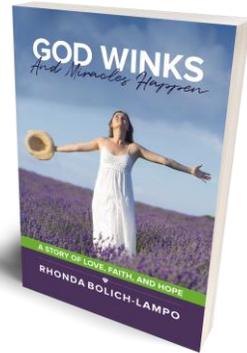
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Rhonda shares how the resilience of the mind, body and soul are important in our daily lives. She leads her audiences in a very practical, how-to conversation delivered with a dose of inspiration and motivation. Her energy and positive spirit will help your organization and its members be prepared for not “if” but “when.”

Rhonda is the author of ***God Winks and Miracles Happen: A Story of Love, Faith, and Hope***



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PROGRAM TOPICS

Protecting Your Assets as an Entrepreneur

Is Your Business Prepared if a Game Changer Happens in Your Personal Life?
Can Your Business Afford for You to Get Sick?

Many people don't plan for a rainy day. They think “that will never happen to me.” Then, a major life crisis happens. Could you have done something different to be prepared? Discover how stress and overwhelm affect every area of our lives and how being prepared – level of health, finances, legal rights – makes all the difference. Learn how to be proactive and take a preventative approach to life.

After this powerful program, you will discover:

- What you can do to take charge of your health now.
- What small tweak in your lifestyle can make all the difference.
- What steps you need to take to protect your assets.
- How the mind, body, and soul work together.



“Her expert sharing about how to prepare your body and health for something so serious and then how they were able to go from 22 medications to ZERO and stay at ZERO was amazing.”

“Thank you. I have been put ‘back on track’ to take care of these details. No more procrastinating.”

“I knew a lot of what Rhonda spoke about. What I didn't have was everything in place. Time to get on that.”